

Liquid Measures

1 gallon = 4 quarts = 8 pints = 16 cups = 128 fl oz

½ gallon = 2 quarts = 4 pints = 8 cups = 64 fl oz

¼ gallon = 1 quart = 2 pints = 4 cups = 32 fl oz

⅛ gallon = ½ quart = 1 pint = 2 cups = 16 fl oz

⅙ gallon = ¼ quart = ½ pint = 1 cup = 8 fl oz

Dry Measures

1 cup = 16 tbsp = 48 tsp

¾ cup = 12 tbsp = 36 tsp

⅔ cup = 10⅔ tbsp = 32 tsp

½ cup = 8 tbsp = 24 tsp

⅓ cup = 5⅓ tbsp = 16 tsp

¼ cup = 4 tbsp = 12 tsp

⅛ cup = 2 tbsp = 6 tsp

⅙ cup = 1 tbsp = 3 tsp

Pinch or dash = less than ⅛ tsp

